ATTITUDE STATUS

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Place an X in the box or boxes that best describes how you feel about your job loss / search this week.

WEEK

	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23
Denial																							
Shame																							
Blame Employer																							
Stress																							
Fear																							
Negative Attitude																							
Positive Attitude																							