- 1. Why are you thinking about changing your career?
- 2. Are you running from something or running to something?
- 3. If you had a magic wand and could do anything you want, what would you do?
- 4. In my new position do I want to primary emphasis on the relationship I will have, the security the new position will bring, or the challenge of the position?
- 5. Where do I see myself in 5-10 years? What is my overall career path? Does this change represent a step in the "right" direction for my longer range plans?
- 6. What do my 3-5 closest friends advise about the possible change? My spouse? My mentor?
- 7. If I had all of the money I needed, would I still make this change?
- 8. If the doctor told me I had 5 years at the most to live, what would I do then?
- 9. What 3-10 things would I most like to "do" in my work? What do I feel best at and enjoy the most?
- 10. What is really holding me back in my professional life? If these could be overcome, then what would I do?
- 11. What accomplishments am I most "proud" of at this point in my life? How would these kinds of accomplishments be possible in my new position?
- 12. What testing evidence is available to help guide your decision?
- 13. What are you reading to assist you in making a decision regarding a career change?
- 14. To what extent have you implemented a "networking" plan?
- 15. To what extent have you studied the "growth occupations" over the next decade?

Websites: www.careerjournal.com