

Christian Counseling Referrals

Wooddale Church's Referral Practice

It is Wooddale Church's practice to provide help for mind, body and soul whenever possible. We are committed to helping people find wholeness and healing. Though the pastoral staff is not able to meet all the needs of the congregation we seek to provide resources that are able to offer the necessary care.

It is our hope that the following lists will assist you in finding the appropriate counselor/therapist or organization that has the ability to help in your area of need. Based on our experience and feedback we feel that these resources have the ability to assist people in their areas of expertise. Not all of the organizations are distinctly Christian but all work in harmony with our Christian values.

Prior to being listed, the counselors and other providers on the lists have completed a referral questionnaire that includes identifying education, licensing, approaches to counseling, church affiliation, personal commitment to Jesus Christ and positions on many areas of concern to us. Despite this screening process, please know that we cannot guarantee the current qualifications of the listed individuals and entities. While we are confident that they understand us and are in essential agreement with us as a church, we do not assume liability for or endorse the actions of any person or organization on the lists.

Because every person is different, not all of the resources will fit individuals equally well. You should make contact directly with the provider or organization of your choice and confirm their qualifications and fit for you. You may even want to interview several people before making your decision with whom to connect. The "Suggested Guidelines for Selecting a Counselor" section below will give you some ideas about the questions to ask. Choose the questions that are most important to you. We do not have information on which counselors accept insurance, what insurance they accept or on pricing.

May God bless you by leading you to the provider who will best be able to help you in your spiritual and emotional journey. If you have further concerns or comments please contact the Wooddale Church Pastoral Care Department at 952-944-6300.

Suggested Guidelines for Selecting a Counselor

1. Pray! Pray for the Lord's leading and the Holy Spirit to grant discernment and sensitivity in the selection process.
2. Choose two or three different counselors from the list.
3. Interview each counselor via telephone. Keep your interview less than five minutes. Have a set of questions ready to ask regarding their ability to help you.

Questions you might ask:

- Do you have specialized training in my area of need? (It is helpful, then, to briefly outline the problem areas and inquire as to treatment approach.)
- What type of license do you hold? (i.e.: Ph.D., MFCC, LCSW etc.)
- How long have you been in your present practice?
- Do you have a personal relationship with Christ?
- How do you integrate Christianity into your practice?
- Are you active (more verbal or "directive") or analytical (the client with passive guidance, comes to his/her own solution)?
- Do you have someone in your professional life that you get feedback from and are accountable to?
- Can you meet with me weekly? (When beginning counseling you usually need to meet once a week if you are to see noticeable improvement).
- Will you, as a therapist, evaluate my progress with me? How often?
- What do you charge? How do you bill for services? Do you accept insurance? (Some of our therapists work on a sliding scale.)
- Are you willing to work in conjunction with my pastor?
- Evaluate each therapist. Besides evaluating the professional information consider "personality" chemistry. Is there a comfort level and open

communications?

4. Evaluate each therapist. Besides evaluating the professional information consider "personality" chemistry. Is there a comfort level and open communication?

Remember, a counselor cannot make all your problems disappear. What they can do is offer you objectivity, guidance, clarity and hope!

Christian Counseling Offices

One or more counselors in each of these clinics have completed the "Wooddale Church Counseling Referral Questionnaire" and are known to us. We have not evaluated all of the counselors in these groups. Some offices have multiple locations but only one is included in this list.

Anderson & McClelland Associates

1660 Highway 100 South
Minneapolis, MN 55416
763-541-1973

Arden Woods Psychological Services

Arden Woods Office Building
900 Long Lake Road Suite 320
New Brighton, MN 55112
651-482-9361
www.ardenwoodpsych.com

Bachmann and Associates

1500 McAndrews Rd W Suite 201
Burnsville, MN 55337
952-892-8495
www.bachmanncounseling.com

Christian Marriage Center

13911 Ridgedale Drive Suite 460
Minnetonka, MN 55305
952-546-4044
www.christianmarriagecenter.com

Christian Recovery Counseling

8441 Wayzata Blvd Suite 120
Minneapolis, MN 55426
763-566-0088
www.christianrecoverycenter.org

Ervin Counseling and Family Life Ministries, PA

7200 France Ave S Suite 338
Edina, MN 55435
952-393-7528
www.ervincounseling.blogspot.com

Faithful and True Counseling 15798

Venture Lane Suite 301
Eden Prairie, MN 55344
(952) 746-3882

www.faithfulandtrueministries.com

Family Attachment Counseling Center

18322 C Minnetonka Blvd
Deephaven, MN 55391
952-475-2818

www.familyattachment.com

Family Innovations 7525

Mitchell Rd.
Eden Prairie, MN 55344
952-224-2282

www.familyinnovations.com

Hanson Associates, LLC

7200 Hemlock Lane North Suite 108
Maple Grove, MN 55369
763-533-5339

www.hansonassoc.net

Hardy & Stephens Counseling Associates

11070 183rd Circle NW
Elk River, MN 55330
763-633-5111

www.hardystephens.com

Levang and Associates

1000 Shelard Parkway Suite 260
St. Louis Park, MN 55426
952-541-479

www.levangandassociates.com

Life Development Resources, PA

10591 165th St West
Lakeville, MN 55044
952-898-1133

www.lifedrs.com

Living Influence, LLC

6542 Regency Lane Suite 202

Eden Prairie, MN 55344

952-903 9202

www.livinginfluence.com

Minnesota Psychological Resources

Dupont Office Center

9801 Dupont Ave S Suite 200

Bloomington, MN 55431

952-888-4844

www.mnpr.com

Minnesota Renewal Center

3499 Lexington Avenue N Suite 100

St. Paul, MN 55126

651-486-4828

www.minnesotarenewal.org

Mulliken Counseling Center, Inc

5275 Edina Industrial Blvd. Suite 124

Edina, Minnesota 55439

952-835-7130

www.toddmulliken.com/mcc.php

Nystrom and Associates, Ltd

New Brighton Professional Building

1900 Silver Lake Road Suite 110

New Brighton, MN 55112

651-628-9566

www.nystromcounseling.com

Pathways Psychological Services, PA

7575 Golden Valley Road Suite 230

Golden Valley, MN 55427

763-525-8590

www.pathwaypsych.com

Soulwork Counseling

11108 Zealand Av N

Champlin, MN 55316

763-746-0842

www.soulworktherapy.com

Spirit of Hope Counseling Center, LLC

13911 Ridgedale Drive Suite 490

Minnetonka, MN 55305

952-546-5565

www.spiritofhopecc.com

Transforming Resources

10800 Lyndale Avenue S Suite 191

Bloomington, MN 55420

952-884-5803

www.transformingresources.org

WaterTower Place Counseling

4300 Baker Road

Minnetonka, MN 55343

952-912-9800

Willow Branch Counseling Services, Inc

1870 50th Street E Suite 3

Inver Grove Heights, MN 55077

651-230-6140

www.willowbranchcounseling.com