

ATTITUDE QUESTIONNAIRE

1. To what extent are you angry at the company/organization that terminated your employment?
 not at all somewhat very much totally
2. To what extent are you angry with the person that informed you of your termination?
 not at all somewhat very much totally
3. Considering all the factors, to what extent do you feel that fairness was followed in the termination?
 not at all somewhat very much totally
4. My current attitude could be characterized by the following words (underline one)
I am very angry I still can't believe this has happened to me I've dealt with it and want to move on
5. I believe I will have a new job within _____ months
6. With my current financial situation, I can make it for _____ months
7. My part of the responsibility for termination is 10% 25% 50% 75% 100% (circle one)
8. I think that what has happened has caused me to be a better person. True False (circle one)
9. In thinking about my next job, given everything that has happened, I will behave differently on my next job. True False (circle one)

Example: _____

